



How your gift will help.

The aim of Indochina Starfish Foundation (ISF) is to provide a lifeline for some of the poorest, most disadvantaged children in Cambodia by providing them with the opportunity to complete a full education programme, including vocational training, and the opportunity to participate in a weekly youth football coaching programme.

Below are examples of the costs ISF incur in the education and football programmes each year.

US\$11 / £7 / HK\$85 / AU\$13

This is how much it costs to provide breakfast and lunch for one child for one year

US\$15 / £10 / HK\$115 / AU\$17

Will provide 2 sets of uniforms for a child attending public school

US\$45 / £3 / HK\$345 / AU\$51

Will provide all the necessary school materials for three children for a year

US\$75 / £50 / HK\$575 / AU\$85

Will pay for 10 footballs

US\$150 / £100 / HK\$1,150 / AU\$170

Will cover the cost of vocational training in sewing skills for one student (please see our Education Sponsorship Pack for more details)

US\$180 / £125 / HK\$1,400 / AU\$210

Provides food support parcels for a family for a year

US\$250 / £170 / HK\$1,950 / AU\$290

Will provide vocational training to become a football coach with ISF, a motorbike mechanic or hair and beauty therapist

US\$360 / £250 / HK\$2,850 / AU\$430

Will provide vocational training to become an electrician

US\$520 / £350 / HK\$4,020 / AU\$600

Will cover the cost of a student studying film education

US\$500 / £340 / HK\$3,900 / AU\$580

Is the cost of educating a child for a year. It includes:

- education at the ISF centre or the local state school
- a daily breakfast and lunch
- uniform
- basic medical assistance
- monthly food rations to the family
- extra curricular activities and English classes.

US\$10,000 / £6,800 / HK\$78,000 / AU\$11,600 would meet the cost of a whole class! (20children)

US\$1,500 / £1,000 / HK\$11,700 / AU\$1,750

Will pay for a part time teacher at the ISF centre for a year

US\$2,500 / £1,700 / HK\$19,525 / AU\$2,900

Will provide a weekly lesson, for one school year, in traditional Khmer dancing for class of children studying at the ISF centre. The figure can be broken down to \$500 per class.

US\$3,000 / £2,000 / HK\$23,000 / AU\$3,415

Would enable ISF to contract a doctor, on a consultancy basis, to advise on healthcare matters that are beyond the capability of our registered nurse.

US\$3,300 / £2,300 / HK\$26,400 / AU\$3,925

Will sponsor a football team for a year*. The sponsorship will cover the costs of equipment, uniforms, qualified coaches, rental of training fields and transport to the trainings and matches.

**we require a commitment of 3 years for each sponsored team to ensure its long term benefits.*

US\$4,050 / £2,750 / HK\$31,560 / AU\$4,700

Will provide yoga classes for all the children attending the Stung Meanchey Education Centre for a year.

US\$5,000 / £3,400 / HK\$39,000 / AU\$5,800

Will cover the annual cost of the provision of our General Health Care programme for the children attending the Stung Meanchey Education Centre.

This includes but is not limited to;

- health education
- nutritional education
- sight tests and the provision of glasses where necessary
- dental hygiene
- soap and shampoo to treat lice and scabies
- medication to regularly treat the children for worms
- medication to treat minor illnesses, covering the costs of any medical assistance required at the local hospital

US\$5,600 / £3,800 / HK\$43,600 / AU\$6,500

Is the annual cost of the ISF English Programme. This includes the cost of a teacher and all resources needed to run the programme.